



OM Sanctuary
Programs and Expansion

Your Gift Today offers a Mission filled Future

Dear Community,

Since our inception, “Creating a Sanctuary Within” has been one of OM Sanctuary’s guiding principles. It centers around the idea of disconnecting from the ever-present technology driven world to reconnect with one’s innate rhythms and inner wisdom. This connection occurs when life quiets and slows down, allowing individuals to nurture their body, mind, spirit and natural connections.

In response to the challenges posed by the pandemic and its aftermath full of delays, we took the opportunity to reevaluate and enhance our strategic plan.

Over the past few years, we’ve embarked on a phased journey to restore our nearly thirty-year-old buildings, as well as update our rooms. Dreams do come true. After wading through the delays, we are thrilled to share that this fall our contractors are now undertaking the exciting next steps in expanding our Renewal Center with the expected completion in late spring of 2024. This expansion will include open-air treatments such as: massage, hydrotherapy mineral baths, and a Tea Garden for lectures and meditation.

Additionally, we’re dedicated to enhancing our natural surroundings. We are actively developing our nature preserve, which will feature native plants, wildlife, a ceremonial labyrinth, self-guided forest bathing signage, and a network of trails.

Furthermore, OM Sanctuary is building out forest destination gazebos within the woods, providing tranquil spaces for personal activities like yoga, meditation, and journaling. These platforms will be sanctuary within a sanctuary, where guests can deepen their connection with nature and inner peace.

Shelli Stanback
OM Sanctuary Founder



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Raising Funds to Support OM Sanctuary's Mission

At OM Sanctuary, our mission is to create a haven where individuals can unite with kindred spirits and gain insights from seasoned experts. Our dedication to fostering a deeper comprehension of the intricate interplay between the body, mind, spirit, and environment in the quest for a harmonious and gratifying life requires financial support.

To further our mission and continue providing transformative experiences, we rely on the generosity of individuals, organizations, and partners who share our vision. Your contribution can make a substantial impact on the realization of our goals. Below are examples of our successes and an example of how the funds will continue to support our goals.

Donations: Your financial contributions are essential to our success. Every dollar donated supports our restoration and expansion projects, programs, staff, maintains our facilities and ensures our continued commitment to promoting holistic well-being.



Forest Expansion & Restoration

The restoration in the forest has been a beautiful unfolding. Limbing trees, removing invasive, encouraging native plants. Your donation will help us with our continued goals for trail development, erosion control, adding the destination platforms, benches, signage and the completion of our forest labyrinth.

< We are raising \$50,000 to continue to complete our forest campaign goals.

< The forest entrance has new locust posts obtained from the property and the addition of steps.

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July 2023 we celebrated the completion of our labyrinth design and the first stage of laying the foundation. *Image* is of Chuck Hunner (designer) who collaborated with Founder. Also present at the forest site was OMS staff.

< Desired: Installing the stone, and filling the labyrinth with pea gravel



< Desired: Informational Signage

*Warren Wilson College
Students participate in a
Native Plant Installation >*



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Woodland Cottages had major disrepair and structural compromise that were addressed and completed! Repairs included:

- Addition of Maple floors
- Interior and exterior paint
- Addition of Trex porch flooring
- Showers
- Lawn for classes
- Path with stormwater retention rock ditch and french draining system
- Plumbing, HVAC and Electrical

< Funding goal of \$20,000 to complete the cottage roof repair and the addition of a Woodland Cottage Community Kitchen.



*< Artist in Residence, Miriam Gilson
Fall 2022 - Spring 2023*

Artist-in-Residency Program

• Artists residing on campus work and share on a subject they have expertise in. They arrive with set goals for expanding their field of knowledge. OM Sanctuary also supports:

Service Project Volunteers

• Project based with a heart of giving from the individuals who volunteer

Work Study

• Service with focused purpose of study

Work Exchange

• Service and program participation

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Renewal Center Expansion

To offer outdoor wellness sessions, OM Sanctuary is expanding the Renewal Center with outdoor gardens, massage platforms, and hydrotherapy mineral baths.

During the pandemic our doors were forced closed, this addition will allow us to stay open with the outdoor alternatives . We are implementing eco-friendly practices by **removing impervious** surfaces and enhancing stormwater retention on site. *This expansion is fully funded by a loan.*



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OM Sanctuary has been partnering with Muddy Sneakers for five years to offer them a location in our forest for their science education program for fifth graders.



OM Sanctuary Forest 2023 Muddy Sneakers Staff Training

*Your gift will
cultures,
interests.*



*touch many lives,
ages, and
Thank you!*

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Omi (with Olu) OM Sanctuary's first Artists in Residence!

Visit www.omsanctuary.org or write to info@omsanctuary.org